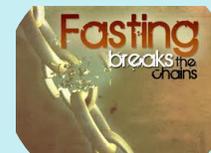
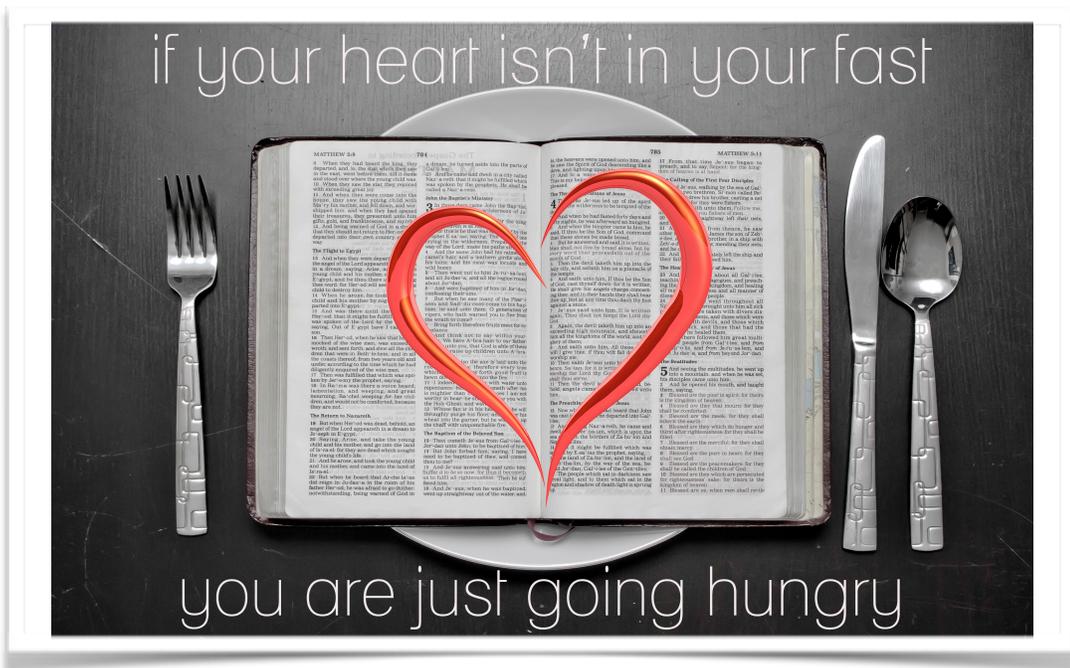


# Consecration

Faith Tabernacle Christian Center



## Corporate Fasting

Please stay in unison with us during this month.



## Take your Medications

Please do not stop taking medications. You may need a modified fast. God will honor that as well. Be honest with yourself.

## The Principle of Fasting

### Why Should We Fast?

Fasting is the deliberate abstinence from some form of physical gratification for a period of time in order to achieve a greater spiritual goal. It usually involves setting aside food, although we can fast from any physical appetite. A lot of Christians need to fast from the hours we spend watching television

1

PRAY

Pray for souls to be saved because this is the will of the Lord

2

PRAY

Pray for the healing of the Body of Christ in this Church (physical and emotional).

3

PRAY

Pray to be healed from the emotional pain in our lives.

Pastor Earl & Denise Goings

or surfing the internet. The idea is to devote time we would ordinarily spend on these ordinary activities to prayer and waiting before the Lord. Fasting causes us to renounce the natural in order to awaken the spiritual. When you fast, you say no to yourself so you can hear “yes” from God in the time of need or crisis.

## Fasting is a Major Principle throughout the Bible

People in ancient times often fasted during times or situations that demanded a spiritual breakthrough

Fasting is an appropriate response to physical or emotional needs, difficult circumstances or relationships, challenges in ministry, or times when we need special direction. In Zachariah 7:5-6, the Lord said, “when you fasted and mourned in the 5th and 7th months of these seventy years, was it actually for me that you fasted? When you eat and drink, do you not eat for yourselves and do you not drink for yourselves?” The Lord is telling us in these verses that when we eat, we eat for ourselves and with nothing more than our own satisfaction in mind. When we fast, we should do so with God in mind; it is for His pleasure.

## “Feed Me!!!!”

When I am hungry, my stomach speaks to me and says, “Feed me. I am hungry.” My response to that is “I am your obedient servant. Whatever you say, I will do.” We become servants to the cry of our flesh to receive food. We eat for ourselves, but when we fast, God says, “This is for me.” Just as food satisfies us, fasting satisfies God. We are saying to Him, the desire of my soul is for you and greater than my desire for food and anything else. This is the reason why fasting gets God’s attention like nothing else.



As we are fasting for the first month of 2017, we hope that your desire is God’s desire for you. Please refrain from eating sweets, drinking tea or coffee, or drinking any carbonated drinks during the remainder of our consecration. You may drink 16oz of pure fruit juice, pure vegetable juice, or gatorade at your midday mealtime. If you are on medical treatment that would prohibit you from fasting in this way, please call the office and ask for Loretta Lloyd and she will assist you with a modified program. It is our goal to have as many people fasting and praying with us as possible. We ask that you eat your one meal a day after 6PM, after weekly services, and prayer times. We are asking all that can, please come and meet us in prayer on Mondays at 7PM and Fridays at 7:30. PM.

